

Cleavers

Affinity: Integumentary System

Botanical Name: *Galium Aparine*
Greeks gave itthename Phila… …om its habit of clinging. The specificnam… …ine, also refers to this habit,beir… …k aparo (to seize) (Grieve,2…

Family: Rubi…

Other N…
(Culr…
G…

Rennet Herb, Cleaves, Clever…
Scratchweed (U.S. Departm…

Identification: Cleav… …
ground. They ofter… …t
from the stem ir…
are covered …
small, whit…
meadows,
Where to …

Parts Used: E…
2016)
Energetics: Astringe…
Ayurveda Doshas: PK…

Actions: Diuretic, Alterative, …
Anti-inflammatory, Astringe…

Indications: Poison … …ular growths, Tumors (Ce…

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Pharmacology: Plant acids (c ^-hydroxybenzoic, salicylic, citric); coumarins; iridoids (annins116 (Hoffmann, 2003)

Clinical Studies: ical agent for skin infections and f atory activity in the lymphocyte ' st dependent defense response scavenging activity of *G. aparin* r to plication. The ov can cause t. On the th nge

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lym ogy of substance testi ous heparinized h tre, UA) by Ficoll-verog L) (Research and Production e [49], were used (Protocol of v Institute of Microbiology and Immunolo nformed to the principles of the Declaration o red in medium 199 with addition of 10% bov ientific, Waltham, MA, USA) and 2 mM L-glutamine (Altera entamicin (LEK (CZ). A suspension of 106 per 1 mL of the cul addition of substances was incubated for 15–18 h in a thermostat at 3 2 atmosphere with saturated water vapor (Ilina et al., 2020) (Ilina et al., 20 .

Safety: Generally regarded as safe

Preparations: Suggested Extractions - Succi (Cech, 2016) Infusion (Moore, n.d.)

Infusion: 2-3tsp/ 1C

Dosage: Fre , 1/2 to 1 teaspoon,
all to 4X a l tincture (1:5 in 25%),
or 2 to ann, 2003)

P eference to the fact that geese
for the pur giving it to
stick the e plant to
through t e

d as a diur
emoved pi
Co cleavers a
Chipp as a laxati
treat goi uney probl

Magical Uses: The plant is rkings
needing binding or com s, Love
(Patterson, 2014)

Planet/Elemer

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